

*By Al-Anon Women, for Al-Anon Women.  
Experience this workshop in a beautiful and serene setting.*

# 4<sup>TH</sup> STEP WORKSHOP

## July 22 - 24, 2022

### WESTMONT COLLEGE

955 LA PAZ ROAD, SANTA BARBARA, CALIFORNIA  
[www.westmont.edu](http://www.westmont.edu)

The 4th Step Workshop is presented by active Al-Anon members who have completed the Steps.

The Workshop is offered because we want to share the spiritual freedom that is the result of doing a 4th Step in Al-Anon.

We use Al-Anon conference approved literature and share from the unique Al-Anon perspective on the 12 Steps and 12 Traditions.

Check out our website:

[www.4thstepworkshops.com](http://www.4thstepworkshops.com)

for more information, registration, availability, directions, and future workshops

*Note: Space is limited. Reservations are on a first-come, first-serve basis.*

**Registration Cost: \$299.** Cost includes 2 nights lodging and 4 meals.

4:00pm: Check-in at Armington Halls

7:30pm: Opening meeting in Global Leadership Center (GLC) Simmons Room  
We ask that you bring a healthy snack to share with the group.

**Friday Night Dinner: \$16** additional

4 - 6:30pm: Friday dinner will be available before the opening meeting (add'tl. \$16)  
*(option to request dinner below on registration form)*

**Payment Information:** Below are payment amounts and final payment date

Deposit: \$166 w/Friday Dinner | \$150 w/out Dinner

Final Payment of \$149 due by July 10th

**Check Payable to:**

4th Step Workshop

**Mail to:**

**4th Step Workshop**  
c/o Patty N.  
26060 Tierra Drive  
Valencia, CA 91355

**For more information, contact:**

Susan V. 818-706-8065, [svopicka95@gmail.com](mailto:svopicka95@gmail.com)  
Val N. 909-816-5746, [ccthread@yahoo.com](mailto:ccthread@yahoo.com)  
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Patty N. 661-803-7064, [pattyfitz51@att.net](mailto:pattyfitz51@att.net)  
Betty Ann Z. - 818-884-1212, [bettyann74@msn.com](mailto:bettyann74@msn.com)

*Due to our commitment to Westmont College, we cannot give refunds. If you are unable to attend, please find another Al-Anon to take your place, or consider donating your spot to the scholarship fund.*

✂ **PLEASE PRINT LEGIBLY!**

**Registration Form**— 4th Step Workshop • July 22-24, 2022  
for Al-Anon Women, by Al-Anon Women

- First time workshop attendee  
 Request Friday night dinner – add \$16

**RETURN THIS FORM WITH YOUR NON-REFUNDABLE DEPOSIT**

Name \_\_\_\_\_

Payment / Deposit Enclosed: \_\_\_\_\_

Address \_\_\_\_\_

Additional Donation to support Scholarships \_\_\_\_\_

City, State, Zip \_\_\_\_\_

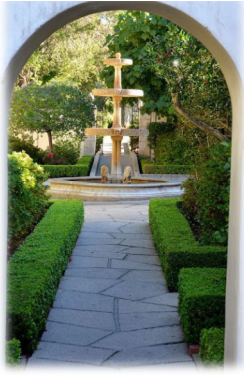
TOTAL ENCLOSED: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Note/Comments: \_\_\_\_\_

**Check Payable to:**  
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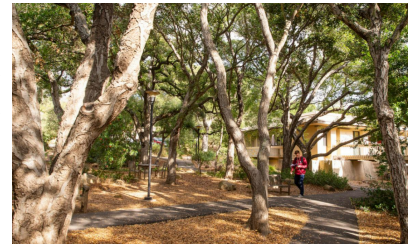


**W**estmont College, founded in 1937, is an interdenominational Christian liberal arts college in the hills of Montecito, east of Santa Barbara, on 110 beautiful acres of gardens and trees. The weekend meetings will be held in Kerrwood Hall, the original campus building, and accommodations will be in Van Kampen Residence Hall.

The weekend will consist of large and small group sharing, writing, interactive workshops, individual discussion and loving fellowship. We will supply you with a special 4th Step workbook (you only need to bring a pen). Space is limited, so get your reservation in early!

[Campus Map \(click here\)](#)

**Check in and accommodations are at Armington Halls** (#4 on map) 2 to a room with private bath, linens included. Adjacent parking available, but please carpool if possible.



**Dining in Kerr Memorial Student Center Dining Commons** (#22 on map)

**Meetings in Global Leadership Center** (GLC) Simmons Room (#18 on map)



### Directions

*From the South:*

- Take 101 North to the Olive Mill exit, and turn right on Olive Mill Road.
- Take the first left onto Hot Springs Road.
- At the stop sign, turn right onto Sycamore Canyon Road and continue for 1.25 miles.
- Turn right onto Cold Spring Road (you will see the fire station on your left), and continue half a mile to Westmont's Main Entrance

*From the North:*

- Take 101 South to the Coast Village Road exit. Turn left onto Coast Village Road.
- At the roundabout, turn right onto Hot Springs Road.
- At the stop sign, turn left onto Sycamore Canyon Road and continue for 1.25 miles.
- Turn right onto Cold Spring Road (you will see the fire station on your left), and continue half a mile to Westmont's Main Entrance

**We ask that you bring a healthy snack to share with the group.**

# **4<sup>th</sup> Step Workshop**

## **Santa Barbara ♦ July 22 - 24, 2022**

**Westmont College**  
955 La Paz Road, Santa Barbara, CA 93108

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